



**NORTHERN SUBURBS BASKETBALL ASSOCIATION**

---

**REPRESENTATIVE  
HANDBOOK 2024**

---

**2024 SEASON**

15NOV2023FINAL



# CONTENTS

WELCOME .....	3
CLUB ETHOS .....	3
REPRESENTATIVE SEASON.....	4
BNSW & BA TOURNAMENTS.....	5
JUNIOR REP FEES & REGISTRATION .....	6
11 <sup>TH</sup> PLAYER & TRAIN-ON .....	8
TEAM MANAGER.....	9
DOMESTIC COMPETITION .....	9
KEY DATES .....	10
UNIFORMS .....	12
TRAINING.....	14
DISCIPLINARY ACTION .....	15
COMMUNICATION .....	16
JUNIOR AND SENIOR COMMUNITY ENGAGEMENT .....	17
GAMES & COURT TIME .....	18
SCORE BENCH DUTY.....	19
INJURY PROCEDURES .....	19
COACHING EXPECTATIONS .....	20
TRAVEL & TOURNAMENT POLICY.....	21
WORKING WITH CHILDREN CHECK.....	23
MEMBER PROTECTION .....	24
POLICIES .....	25
MENTAL HEALTH AND SUPPORT RESOURCES.....	26
SPONSORSHIPS.....	26
PLAYER & PARENT AGREEMENT .....	27



# WELCOME

Welcome to the Northern Suburbs Basketball Association (NSBA) Junior Representative Program for the 2024 season and congratulations on being a Bear!

This handbook contains guidelines and information for Players and Parents. Please take the time to read this handbook and player agreement so that you understand the program and your requirements.

If you have any questions do not hesitate to contact our Representative Coordinator or High Performance and Development Manager through the relevant channels below.

**Louis Anderson**

*Representative Coordinator*  
reps@nsba.com.au

**Mike Golding**

*High Performance and Development Manager*  
mike.golding@nsba.com.au

# CLUB ETHOS

Northern Suburbs Basketball Association (NSBA) is dedicated to the promotion of basketball to everyone. With over 5000 members and over 8000 people walking through the front doors each week we aim to continue making our community welcoming and more inclusive.

Involvement at all levels of basketball is the essential ethos of our club. We are involved in the NBL1 East, Waratah Senior League, Waratah Metro Junior League, Junior Premier League, Junior and Miniball Competitions, Senior Domestic Competitions, 3x3 Competitions, Holiday Camps and Junior Development Programs.



## **REPRESENTATIVE SEASON**

---

The Waratah Metro Junior League (MJL) is a Basketball NSW competition that is made up of 20 clubs from the greater Sydney area. These clubs are Bankstown, Blacktown, Blue Mountains, Camden Valley, City of Sydney, PCYC Spirit, Hawkesbury, Hills, Hornsby Kuring-gai, Inner West, Liverpool, Macarthur, Manly-Warringah, Marrickville, Norths, Penrith, Springwood, St. George, Sutherland and West Sydney.

There are 4 age groups: U12s, U14s, U16s and U18s for boys and girls. In most age groups there are at least 3 divisions and there can be up to 5 divisions. Divisions most often consist of 6 or 8 teams and are determined by a combination of previous year's results and pre-season qualifying games, which are usually played in February/March.

The top teams from the U14s, U16s and U18s can be nominated to the Junior Premier League (JPL), which is comprised of 6 Metro teams and 6 Country teams. Like MJL, team qualification for this division is based on previous year's results and pre-season qualifying games.

The current Norths Junior Representative structure involves 24 teams across four age groups. This includes 3 teams per age group per gender. The first team being 'Black', the second, 'Red', and the third team being 'White'.

The 2024 MJL season consists of 14 rounds in the regular season followed by playoffs. For JPL, the season has 10 regular rounds plus two Central Venue and two Country rounds. The structure of playoffs is based on the number of teams in the division. Some divisions can qualify for State Championships or State Cup depending on that year's qualification criteria.



# **BNSW & BA TOURNAMENTS**

The following tournaments are organised by **Basketball New South Wales** (BNSW) and **Basketball Australia** (BA). They require qualification through the Waratah MJL and/or JPL season. When our teams qualify for these tournaments, all team members are expected to be available for all games.

## **State Championships**

- Junior Premier League State Championships, the top eight (8) teams from each Junior Premier League (JPL) age group for both Boys and Girls will advance and compete for the State championships.
- In U12s, the top four (4) U12 Metro Division 1 teams will advance to compete in the State Championships and compete against the top 4 country teams.

## **State Cup**

- State Cup, the top four (4) teams from Metro Division 1 along with the winners from Division 1 regional leagues (NEJL, SJL & WJL) in the U18's, U16's & U14's will advance to compete in the State Cup.
- The top four (4) U12 Metro Division 2 teams will advance to compete in the State Cup.

## **U14s Australian National Club Championships**

Traditionally the top two U14 Waratah MJL Premier teams along with the top two U14 Waratah Premier Country teams, will qualify for this tournament. This tournament is generally held in the holiday break between Terms 3 and 4 and is hosted by associations across the county.

## **Other/Optional Tournaments**

In addition to the Waratah MJL and State and National body tournaments your coach may be interested in competing in additional tournaments during the year.

**Summer Slam:** This is a pre-season tournament organised by Hills, Norths, City of Sydney, and Sutherland. It is played over the last weekend of January, with each association hosting a different age group. This is the only external tournament that is compulsory for all Norths teams.



A list of optional tournaments that Norths have participated in the past are here:

- **Coastal Classic:** Friday 2nd Feb – Sunday 4th Feb is the Division 2 Tournament  
Friday 16th Feb – Sunday 18th Feb is the Division 1 Tournament
- **Adelaide Easter Classic:**  
The 2024 tournament will be held from Friday 29th Mar – Monday 1st Apr.
- **National Junior Classic and Nunawading Spectres Tournament:**  
Kings Birthday Weekend Saturday 8th Jun – Monday 10th Jun.

The organisation of any optional tournament is the responsibility of the team. This includes all communications, fundraising, accommodation, car hire, flights, entry fees etc. Norths does not have the capacity to organise teams for these tournaments and can only offer guidance in the processes involved.

## JUNIOR REP FEES & REGISTRATION

Position	Total Cost	Acceptance Deposit	Balance (Due 8th March 2024)
Regular Player	\$1,150	\$200	\$950
11th Player	\$775	\$200	\$575
Train-On Player	\$350	\$200	\$150

### Rep Fees Include:

- Team Registration and BNSW Game Fees
- State Championships and State Cup Fees
- Midweek Training Venue Hire (training commences Monday 5th of February 2024)
- Coach Honorarium
- Referee and Supervisor Payments
- End of Year Awards
- Free Rep Player Entry to Norths Bears NBL1 Men's & Women's Games

### Rep Fees Do Not Include:

- BNSW Player Registration
- Uniforms (will need to be paid for and ordered in December 2023 to arrive in time)
- Additional Training Sessions
- Pre-Season and Season Tournaments
- Travel Costs
- Stadium entry to home/away games



### **Sibling Discount:**

A sibling discount is available for each second/third/fourth (etc) child within the Norths representative program. If you believe you are eligible for this discount, please contact the Norths Representative Program Coordinator outlining your situation.

Non-payment: Payment dates for all fees have been made available for the 2024 season. It is the expectation of NSBA that these fees will be paid on time. Those players who do not meet this deadline without prior communication, will be deemed 'unfinancial' and will be unable to continue with Representative Basketball at Norths. 'Unfinancial' players are also unable to take part in Representative Basketball at any other association until all outstanding fees are paid.

### **Hardship:**

NSBA understands that financial hardship is a current issue in today's economic climate, and we do not want to disadvantage children based on this. Genuine cases of financial hardship can be brought to NSBA where fee-relief will be made in confidence and on a case-by-case basis.

### **BNSW Player Registration:**

All players must be registered or affiliated with NSBA, and it is the responsibility of the player and/or their parents to ensure their registration is current. Registration/affiliation is not covered under representative fees and is an additional cost to participants. Norths uses PlayHQ to make registering easier. The process for this will be communicated closer to the start date of the season.

### **Gameday Spectator Fee:**

As a condition of entry to the stadium on home game weekends, all spectators over the age of 18, will be charged a \$4 entry fee. This entry fee helps subsidise the representative program.



## **11<sup>TH</sup> PLAYER & TRAIN-ON**

### **11th player:**

- The 11th player replaces the previous years' reserves/development player positions.
- The 11th player is required to train with the team at all scheduled sessions.
- They do not play on a rotational basis – only 10 players are allowed to play. The 11th player may be selected to play when a regular player is sick, injured or away. The coach will contact 11th player if this is the case.
- There is NO guarantee on the amount of court time that this player will get in any games played.
- They are required to purchase the full uniform.
- The 11th player will have to purchase BNSW player registration.

### **Train-On player:**

- Train-On players are required to commit to both training sessions each week.
- Train-On players do not play in any games and cannot sit on the bench for games. Attendance at games to watch is optional and they are allowed to sit behind the team bench for development purposes.
- They only need to purchase a Norths reversible training singlet.
- Train-On's will have to purchase BNSW registration.





## TEAM MANAGER

Each representative team requires a Team Manager. The Team Manager looks after the in-house administration of the team, including trainings, game days, internal and external events, and tournaments. The Team Manager is to be a parent of the team and will be the point of contact between the Representative Program Coordinator and the team.

### **The Team Manager will:**

- Pay for and collect the money for tournament game fees and administration, as well as any extra trainings and social events.
- Be the point of contact for the team regarding game and training times and venues and is to be the main point of communication between team and coach.
- Organise score bench rosters for each game and ensure that players are correctly signed onto gameday tablets (or scoresheets if used).
- Look after the team kit; bringing it to and from all games (includes kit bag, team ball, water bottle holder, first-aid kit and blood-kit).

Managers are a crucial part of the team, and it is greatly appreciated for those who volunteer their time to this role. It is important to remember that your role as a Team Manager does not include any coaching responsibilities, nor should you assume this role.

## DOMESTIC COMPETITION

All junior representative players are strongly encouraged to play in the NSBA Domestic Competition. Playing in our domestic competitions is very important for external skill development, giving players a chance to play against talent they may not come across in the Reps program. If a player lives outside the NSBA area, they are not expected to play in the NSBA Local Competition. If you have any questions, please contact our interim Competitions Manager.

### **Abbey Martin**

sportsadmin@nsba.com.au



# KEY DATES

Below is the current 2023-2024 calendar of dates. As you can see Representative Basketball is a big commitment. Please ensure that you are across all dates.

2024 Calendar of Events		
Month	Dates	Event
<b>December</b>	<b>10</b>	<b>Uniform Sizing Day</b>
January	26	Player BNSW Rego Due
January	27 - 28	Summer Slam
January	29	Official Training Begins
<b>February</b>	<b>11</b>	<b>Junior Rep Induction Day</b>
February	24 - 25	MJL Pre-Season Week 1
March	2 - 3	MJL Pre-Season Week 2
March	8	Rep Program Fees DUE
March	9 - 10	MJL Pre-Season Week 3
March	16 - 17	JPL Round 1
March	17	MJL Round 1
March	24	JPL - Metro v Metro Round 1
March	24	MJL Round 2
April	7	JPL - Metro v Metro Round 2
April	7	MJL Round 3
April	14	JPL - Metro v Metro Round 3
April	14	MJL Round 4
April	27 - 28	JPL Round 2
April	28	MJL Round 5
May	5	JPL - Metro v Metro Round 4
May	5	MJL Round 6
May	12	JPL - Metro v Metro Round 5
May	12	MJL Round 7

KEY DATES CONTINUE ON NEXT PAGE →



Month	Dates	Event
May	19	JPL - Metro v Metro Round 6
May	19	MJL Round 8
May	25 - 26	JPL Round 3
May	26	MJL Round 9
June	2	JPL - Metro v Metro Round 7
June	2	MJL Round 10
June	15 - 16	JPL Round 4 (TBC)
June	16	MJL Round 11
June	23	JPL - Metro v Metro Round 8
June	23	MJL Round 12
June	30	JPL - Metro v Metro Round 9
June	30	MJL Round 13
July	7	JPL - Metro v Metro Round 10
July	7	MJL Round 14
July	20 - 21	JPL Round 5
July	21	MJL Semi-Finals
July	28	MJL Grand Finals
August	2 - 4	JPL Finals & U12s State Championships
August	17 - 18	State Cup
<b>September</b>	<b>28</b>	<b>Rep Awards Day</b>



# UNIFORMS

All players must wear the official Norths uniform for games, warm-ups, and trainings. No other team colours, brands, logos, or non-Norths merchandise will be accepted. Players may wear any Norths branded merchandise to and from games.

Your kit consists of a Playing Uniform (singlet and shorts), Warm Up Shirt, Reversible Training Singlet and Polo Shirt.

- **RESPECT** the kit, look after it (it is your responsibility to replace lost items).
- You **REPRESENT** Northern Suburbs Basketball Association; it is important we look the same on the court at training and games... **WE ARE ONE CLUB ...WE ARE STRONGER TOGETHER.**
- Non-standard team clothing and apparel cannot be worn on the court at games OR training (for example: NBA/NBL).
- When playing official representative matches you **MUST** wear your uniform and warm up shirt.
- At training sessions, you **MUST** wear the Rep Reversible Training Singlet (no other rep items need to be worn) - black shorts preferred.
- For formal Norths activities and events, you **MUST** wear your Polo Shirt (you will be informed prior when required).
- The official Norths uniform may only be worn at Norths Representative Competitions.
- It is **YOUR** responsibility to ensure that the required uniform is ordered.

Coaches and Managers have been instructed that if players are not wearing the official Norths Rep uniforms, they will **NOT** be able to take the court in games or training.

Under garments, such as compression wear, may be worn however they must be black, no other colour is permitted, as per BNSW guidelines.



### **Uniform Supplier:**

Norths' uniform supplier is Hoop2Hoop. Orders are to be placed online and shipped to your home address. The online store can be found at this link here:  
<https://hoop2hoop.com.au/clubs-associations/norths-bears.html>

Required uniform items are as follows:

- Norths Bears Junior Rep Singlet
- Norths Bears Junior Rep Shorts
- Norths Bears Training Singlet
- Norths Bears Junior Representative Polo
- Norths Bears Junior Warmup Shirt

Those who need to purchase uniforms, Hoop2Hoop will be at the Bear Cave on **Sunday December 10 from 10am** with their sizing samples. Assistance with ordering will be available on the day. Uniform orders will need to be placed before the end of the year to ensure they arrive in time for February's pre-season games.



# TRAINING

The purpose of our Junior Representative Program is to develop every player, coach and official and as a result we have very high standards of training. All training sessions are compulsory, and each team can expect to train twice per week, unless communicated otherwise. The training schedule will be announced prior to the season.

## Training Expectations

- You must arrive at training venues **10 minutes prior** to the start time and in the correct uniform. All trainings are compulsory.
- You must have a water bottle and your own ball.
- If you cannot attend training or are running late for training, the coach must be contacted directly **BEFORE** the session commences.
- When injured you are still expected to attend training (unless you are receiving treatment for your injury at that time). If you are sick and possibly contagious you should not attend training.
- If you have an injury that will affect your performance in either a game or training session you will need to inform your coach directly.
- If you have missed games/training due to an injury you must provide a medical clearance before you resume training/playing.
- After a prolonged absence due to injury, you will need to prove game fitness, training attendance and knowledge of team plays etc. prior to returning to the playing roster.
- You must clean up after yourself after training ensuring all rubbish is put in the bin before you leave.

## Venues

- North Sydney Indoor Sports Centre: Level 5, 36 Hume Street, Crows Nest, 2065
- North Sydney Boys High School: 127 Falcon St, North Sydney NSW 2060
- Shore School, RAI Grant Centre: Blue St, North Sydney NSW 2060
- Redlands School, Dunnet Hall: 2 Allister St, Cremorne NSW 2090

Official NSBA scheduled rep training begins on **Monday 29th January** at your allocated venues. If you wish to begin training earlier with your team you may do so but must follow the below conditions:

- **All** bookings are to be made via our Stadium Manager Mitch Drobnak – [mitch.drobnak@nsba.com.au](mailto:mitch.drobnak@nsba.com.au). Any bookings for rep teams in our booking system that have not been processed by Mitch, may be cancelled.
- For bookings before Official training begins, Rep teams will be charged the member court hire price of \$88/hour for a full court and \$44 for a half court for the remainder of 2023. **These court hire fees are subject to change in 2024.**
- To ensure that all teams have an opportunity to train before the season begins, teams will only be allowed to make one booking per week initially.



## DISCIPLINARY ACTION

As members of Northern Suburbs Basketball Association, it is an expectation that your actions - parent, player or coach – reflect the association in a positive light.

**Technical Foul:** Any player who receives a technical foul will be subbed off the court. It will be at the coach's discretion whether the player will take further part in the game or whether further action in the form of court time restrictions will be taken.

**Disrespectful behaviour:** All players who engage in behaviour deemed disrespectful to members of NSBA, referees or the opposition will be subbed off the court. A second offence will lead to offending player being left off for the rest of the game. Further disciplinary action may apply.

**Training:** Failure to be punctual or to appear at training sessions (without valid/approved excuses) may result in the coach deciding to limit a player's court time. Failure to adhere to player expectations during training may also lead to a player receiving court time affected sanctions from their coach.

### **Off-court behaviour:**

- If a Norths player, parent, or coach is found to be behaving in a manner negatively affecting the reputation of NSBA, disciplinary action may be taken.
- NSBA's domestic competitions fall under BNSW's by-laws. Therefore, the consequences of a player, coach, or parent's actions in one competition (Reps or Domestic) will have the same impact across all competitions.

All other incidents are to be reported to NSBA's Representative Program Coordinator, where further action may be taken at the discretion of the Representative Program Coordinator and CEO. Please note that Norths Basketball may impose disciplinary measures on any individual in breach of the Code of Conduct or any policies.



# **COMMUNICATION**

---

## **Player Communication**

- The cornerstone of successful basketball is communication. Any issues with a teammate or opposition player should be communicated with the coach or manager.
- Arguing or negative communication with referees during games is not tolerated. Any concerns should be communicated with coach or manager and addressed accordingly.
- Use positive communication and encouragement toward teammates.

## **Communication With Coaches, Team Managers, and other Parents**

Before the commencement of the season, the Coach and Team Manager will determine the best mechanism for communication between Parents, the Coach, and the Team Manager. This may include the channel, timing, and manner of communication. It is expected that parents follow the process outlined to streamline communication and minimize miscommunication or duplication of information.

## **Parent Involvement**

Parents have a high level of influence on their children and therefore we appreciate the support of parents in helping create a positive environment for our community. Below are some general principles we have developed to ensure the best outcomes for players, coaches, and managers.

- Encourage the whole team during games and trainings, not just your son or daughter.
- The coach is to be the only source of technical feedback to the players. Coaching from the sidelines is never appropriate regardless of your knowledge of the game.
- Parents should be careful about discussing team issues in front of their children. If you speak negatively about a coach, player or referee, your child may adopt the same negative attitude.
- We are looking for positive players and positive support from parents. We do encourage you to be vocal in your support for our teams. However, do not make negative comments to the opposition, the referees or other team members; as stated earlier in this document, all these parties are worthy of respect.

## **Communicating Concerns**

Parents must understand that our coaches invest a great deal of time and effort into the development of your child as players and people. Parents must also understand that coaches are given the task of making objective decisions, taking into account what is best for your child, the team and the club.





We do understand that there will be some contentious decisions. Effective communication between yourself and the coach is the key to addressing any issues you may have with the coach's decision. If you have positive feedback this may be brought up at any time. However, if you have issues that need resolving then please follow the appropriate process (outlined below).

- Do not approach the coach in front of other players and supporters.
- Wait 24 hours before talking to the coach. Most problems will not seem as big after some time to think through the issues first.
- The team manager should be included in the discussion as an objective opinion for any non-basketball matters.
- If a solution cannot be reached, then the matter should be referred to the High Performance and Development Manager ([mike.golding@nsba.com.au](mailto:mike.golding@nsba.com.au)). Should a suitable outcome still not be reached, the issues will be heard by the NSBA CEO .

Parents are expected to follow the above process. It will ensure that everyone communicates with each other honestly and openly.

## **JUNIOR AND SENIOR COMMUNITY ENGAGEMENT**

In 2024, Norths aims to further our community engagement as a Representative Program. The requirements for Senior players to attend their assigned Junior Representative teams trainings and in some cases, games, have proved beneficial to motivating players in their development and training. Likewise, the requirements for Junior teams to attend NBL1 games as team of the week have resulted in a greater interest and supporter base for our NBL1 Men and Women's teams. These initiatives will continue into the 2024 season.

### **BBQ**

In addition, Norths will require all teams to contribute to fundraising efforts, the benefits of which will be re-invested into the Representative Program. Teams will be given specific weekend dates where they will be required to run the club BBQ. These dates could either be on a Saturday or Sunday dependent on the number of games being played at the stadium on the day. It will be the team's responsibility to organise the running of the BBQ, however Norths will provide all necessary resources to ensure proper operation. A fundraising schedule will be sent out by the Representative Program Coordinator.

### **Junior Rep Induction Day**

Norths will be holding a Junior Rep Induction Day, scheduled for Sunday 11th of February. Attendance is expected.



# GAMES & COURT TIME

## **Games**

- Players must be ready to play at the time designated by their coach and/or team manager. This includes having and wearing the correct Norths rep uniform, shoes, club warm-up shirt, drink bottles and anything else you need to play.
- If players require strapping this should be done in advance.
- Players are to bring enough water for the entire game, a 2-litre bottle may be needed.
- During games there are to be no parents around the bench area at any point in time.
- At no time are parents to approach the bench area for any reason unless requested by the coach.

## **Court time**

Representative basketball is a highly competitive program and equal court time is never guaranteed. Some players will play more than others and coaches will have different philosophies on rotating their players. Except for Under 12's, where all players must play in both halves, there is to be no expectation of even court time. Court time will be allocated at the coach's discretion. Players will improve their chances of gaining additional court time by adhering to expectations set by NSBA regarding attendance, punctuality, behaviour, appearance and attitude towards their coaches, teammates, referees, and extended members of the basketball community. Increases in court time can also be found by demonstrating improved playing ability and continuous effort and energy at trainings.

NSBA requires their coaches set their court time rules and guidelines early in the season following consultation with the High Performance and Development Manager, factoring attendance, punctuality, attitude and whether players have honoured their expectations, into their equation. Standard exemptions include school commitments, BNSW/National commitments, personal tragedies/hardships, American college tours (not training sessions).



## **SCORE BENCH DUTY**

Parents are required to complete score bench duties throughout the representative season. Score bench resources will be sent out prior to the commencement of the representative season.

Team managers will create a roster for all season games to ensure that all parents have an equal share in bench duties. Once rostered for score bench duty, parents unable to meet each commitment are responsible for coordinating a replacement prior to the game(s).

Home teams (Team A) are required to provide two people to be Chairperson and Timekeeper.

Away teams (Team B) are required to provide two people to Score (using a tablet) and operate the Shot Clock.

## **INJURY PROCEDURES**

As is a requirement, all players within the representative program must purchase BNSW player registration. This registration includes health insurance in the instance a player is injured during a game or at training. If this is the case, injuries must be reported to the Representative Program Coordinator at the earliest convenience so that the correct processes can be communicated and followed.

For injuries where players are unable to play or train for more than a week, a medical certificate is to be supplied to the Representative Program Coordinator. This is crucial as it may be necessary to apply for an exemption so that the injured player can qualify for finals.

If players need to withdraw from the Representative Program due to injury or illness, please bring this to the attention of the Representative Program Coordinator at the earliest convenience.



## **COACHING EXPECTATIONS**

---

NSBA is committed to providing its representative players with the best coaching available. The club offers support for all coaches through coach education, mentorship and support, and the provision of mental/emotional development techniques and resources. Many of our young coaches also participate in BNSW programs that further lead to their growth and development.

Over the last two decades we have shown a proven ability to aid young coaches in their development towards becoming recognised experts in their field. While we are committed to their development, they will also be required to adhere to our standards in our coach's handbook which pertain to professional conduct, communication in all contexts, personal appearance, language, and social media usage.

It also should be noted that many of the coaches in our program are involved in external coaching. Whether it be schools, private enterprise or for other basketball organisations. We acknowledge this and understand that any conflict of interest in the representative selection process, as well as any conflict that could affect thought process of coach toward player, will be considered and coaching appointments will be made accordingly.

NSBA is committed to providing high quality representative coaches to its members, to ensure this, we pay our coaches an amount at the end of the season that is, in comparison to other clubs in NSW, significant. Part of what makes NSBA successful is an opportunity for coaches to grow as coaches and people, and we will endeavour to simultaneously provide growth opportunities for players and coaches alike.

The role of the High Performance and Development Manager is to provide continued support for our representative coaches throughout the representative season. This includes observing and assisting with trainings and games as well as organising course and resources for coaches to utilise.



# **TRAVEL & TOURNAMENT POLICY**

---

The chance to travel and play in tournaments away from home is a unique experience for all young people. Previous NSBA representative teams have been excellent ambassadors for our club and to continue this tradition, we advise these rules in advance:

- An official team schedule must be established prior to departure, by the team staff for the whole time away, including but not limited to, team meetings, video analysis sessions, trainings, games, team dinners etc.
- NSBA officials (coaches and managers) are instructed to be firm but fair with all members of the touring party with any problems reported to NSBA or parents.
- NSBA officials will determine the course of action for disruptive behaviour. Disciplinary actions can range from limited court time to suspensions and even being sent home.
- It is custom for teams to contribute to the cost of their coaches' expenses for these tournaments. To aid our coaches with the cost of these tournaments a \$100-150 / day guideline is provided. This is a guideline only and the amount provided, if any, is determined by the families in the team that are choosing to attend.
- We strongly urge teams to engage in demonstrations of camaraderie, unity, and support for their fellow NSBA teams who may also be taking part in the same tournament.
- Tour members are required to wear NSBA branded apparel to, from and at the competition venue, on flights/buses to the tournament and at any competition function.

## **The Law**

- Players or guests under the age of 18 are not to consume or supply alcohol or illegal substances under any circumstances. If a junior consumes alcohol, they will be sent home.
- If you break the law, you will be sent home.

## **Accommodation**

- Junior Team members will be accommodated with their parent(s).
- Should a parent of a junior member be unable to attend, another parent within the team can act as guardian. Each player must have their own bed.
- Team management may set room curfews at night. Juniors will be required to stay in their rooms after this time.



- Families must be permitted to book their own accommodation; coaches may request for the team to all stay at the same hotel however this is simply a request and cannot be enforced.
- All team members must make their own bookings at hotels and anyone who chooses to block book several rooms does so at their own risk.
- For mixed gender tours, boys and girls are encouraged to mix but must do so only in the common room areas of the hotels. Boys and girls are not permitted in each other's rooms at any time.
- Any damages or charges incurred at the accommodation will need to be paid for by the person or people responsible.

These rules are designed to ensure all group members enjoy team travel. We cannot cover for every contingency, so use common sense and be responsible for your actions. If you have any issues when on tour, these should be communication with your coach, team manager and NSBA staff.



# **WORKING WITH CHILDREN CHECK**

---

The Working with Children Check (WWCC) is a requirement for anyone who works or volunteers in child-related work in NSW. It involves a National Police Check (criminal history record check) and a review of reportable workplace misconduct.

The outcome of a check is either a clearance to work with children or a bar against working with children. If cleared, the check will be valid for 5 years, however applicants are continuously monitored.

## **GUIDE TO WORKING WITH CHILDREN CHECKS AT NSBA**

Why are we committed to 100% WWCC compliance at Norths?

- NSBA is committed to a Child Safe Culture and one of our values is A Safe Community – Safety is embedded in our leadership, governance, and culture. We value our role as a contributor to health and well-being of our whole community.
- We are committed to stakeholders continuously improving their knowledge via resources shared by the Office of the Children’s Guardian (NSW).

## **Who must have a WWCC in Norths?**

With the extraordinary volume of people requiring WWCCs and our limited resources it is virtually impossible to have a team by team-based process therefore:

- NSBA Board Members must have an NSW Volunteer WWCC
- NSBA will determine NSW Paid WWCC requirements for Staff or Contractors
- ALL Volunteers over 18 must have an NSW Volunteer WWCC (e.g., Coaches, Team Managers, Referees, Referee Instructors, Score Table Officials, Game Service Coordinators etc)

Per the representative program the following individuals are required to provide NSBA with a valid Paid or Volunteer WWCC:

- Head Coaches
- Assistant Coaches
- Team managers
- Any other individual that has taken up a role within the team

Norths requires WWCC numbers (obtained from Service NSW) to be supplied alongside the individuals date of birth so that they can be validated. All details are to be sent to the Representative Program Coordinator or the High Performance and Development Manager via email.



# **MEMBER PROTECTION**

---

Member protection is a term widely used in the Australian sports industry to describe the practices that sporting organisations put in place to protect their members from discrimination, harassment, abuse and other inappropriate behaviour.

## **Member Protection Policy**

Northern Suburbs Basketball Association adheres to the Basketball Australia Member Protection Policy. By participating in the NSBA Junior Representative Program, you agree to adhere to this Policy.

This Policy applies to the following people whether they are in a paid or unpaid/voluntary capacity:

- Persons appointed or elected to boards, committees and sub-committees of Norths Basketball;
- Employees of Norths Basketball;
- Support personnel appointed or elected to teams and squads that represent Norths Basketball (including managers, physios, psychologists, sports trainers);
- Coaches and assistant coaches appointed or elected to teams that represent Norths Basketball;
- Athletes appointed or elected to teams that represent Norths Basketball;
- Referees, umpires and other officials involved in the regulation of the sports appointed by Norths Basketball;
- Members, including life members of Norths Basketball;
- Any other person or organisation including spectators, parents/guardians, and sponsors, who or which agree (whether express or implied) to be bound by this policy.

## **Member Protection Process**

The following process is to be followed should a possible Member Protection issue be identified.

- 1) Any member protection issue must be reported to the CEO immediately by any Board member, staff member, coach, manager, player, or parent.
- 2) The CEO will liaise with the MPIO and notify the Board of a potential member protection incident or issue.
- 3) After consulting with the MPIO, the CEO will forward the details to the MPIO for investigation, if it is considered necessary.





- 4) Once reported to the MPIO, the MPIO will report monthly to the Board on the progress of the investigation, unless the MPIO feels it is necessary to act earlier (e.g., referral to police).
- 5) If the CEO believes a particular Board member could be conflicted, the CEO will consult with the President to decide whether that Board member should be involved in the communication process.
- 6) If the CEO believes the President could be conflicted, the CEO will consult with the Vice President to decide whether the President should be involved in the communication process.
- 7) If the possible Member Protection issue involves the CEO, the person reporting the incident should make the report to the President.
- 8) Once the MPIO completes the investigation, a report will be made to the Board and any other body required by law.

## POLICIES

NSBA has several policies and procedures in place which are applicable to the NSBA Junior Representative Program. Parents and players should familiarise themselves with these policies. These policies can be found here (<https://www.nsba.com.au/policies>) and include but are not limited to:

- Member Protection Policy
- Working with Children Check
- Player and Parent Code of Conduct
- Zero Tolerance and Sports Rage Policy
- Privacy Policy
- Social Media Use Policy

By participating in the NSBA Junior Representative Program, you agree to abide by any rules, policies, by-laws and/or guidelines governing the operation or administration of the NSBA Representative Program including any rules, policies, by-laws and/or guidelines set forth by a governing body of the sport.

NSBA reserves the right to amend any of the rules, regulations, policies and procedures if deemed to be in the best interest of the program.



## **MENTAL HEALTH AND SUPPORT RESOURCES**

---

NSBA is lucky to have access to multiple Mental Health First Aid Accredited staff members. Within the Representative Program, our High Performance and Development Manager, Mike Golding, is accredited and open to assist where he can. You can reach Mike at [mike.golding@nsba.com.au](mailto:mike.golding@nsba.com.au) Monday to Friday.

The following services are also available:

- Lifeline: 13 11 14 (in an emergency always call 000)
- Beyond Blue: 1300 22 4636
- Kids Help Line: 1800 55 1800

## **SPONSORSHIPS**

---

Norths are a not-for-profit organisation and as such are always looking for sponsors to support the association. If you or anyone you know are interested in the prospect of promoting a business to a base of over 8,000 players, spectators, parents, coaches and referees who step into the Bear Cave each week, then please contact our Marketing and Partnerships Director, Veronica Olsson ([veronica.olsson@nsba.com.au](mailto:veronica.olsson@nsba.com.au)) to discuss a proposal.



# PLAYER & PARENT AGREEMENT

## Players:

- I will always play by the rules
- I will embody the Norths values and player expectations in my behaviour on and off the court
- I will never argue with an official
- I will control my emotions when angry or upset
- I will not use bad language
- I will display modesty in victory and grace in defeat
- I will not use and/or abuse drugs or alcohol
- I will respect the rights, dignity and worth of people involved in the game, regardless of gender, ability, religion, cultural background, or impairment
- I will thank the opposition, score bench and officials at the end of the game
- By participating in the NSBA Junior Representative Program, I agree to abide by any rules, policies, by-laws and/or guidelines governing the operation or administration of the NSBA Representative Program including any rules, policies, by-laws and/or guidelines set forth by a governing body of the sport.
- I realise that there are consequences for breaches of these policies, some of which are severe

## Parents:

- I will embody NSBA core values
- I will instil NSBA values and player expectations within my child
- I will give positive comments that motivate and encourage continued effort
- I will focus on my child's and their team's character and effort - not the result
- I will help when asked by coach, official or administrator
- I will not arrive at the venue intoxicated or drink alcohol at junior matches
- I will respect the rights, dignity and worth of people involved in the game, regardless of their gender, ability, religion, cultural background, or impairment
- I give permission for my child's image to be recorded, stored, and used for promotional material, social media, and other advertising purposes and for ongoing coach education
- By participating in the NSBA Junior Representative Program, I agree to abide by any rules, policies, by-laws and/or guidelines governing the operation or administration of the NSBA Representative Program including any rules, policies, by-laws and/or guidelines set forth by a governing body of the sport.
- I realise that there are consequences for breaches of these Codes of Conduct, some of which are severe

***Having a child (or children) playing in the Norths Basketball Representative Program you agree to be bound to this document and all contained within it.***