

BING LEE

NORTHS

BASKETBALL



GAME DAY

ISSUE 5 18 JUNE & 1 JULY 2023

OFFICIAL GAME PROGRAM



BING LEE

NORTHS BEARS

2023

WELCOME TO THE BEAR CAVE

SUNDAY 18 JUNE



VS



In support of NBL1 Mental Health Round, scan the QR code to make a donation to Lifeline Australia

1:30PM NBL1 WOMEN

SATURDAY 1 JULY



VS



4PM NBL1 WOMEN | 6PM NBL1 MEN

Let's cheer for the Bears! Be loud and be vocal to help bring the Bears home. Go Bears!



Welcome to the Home of Norths Bears. NSBA acknowledge and pay respect to the Cammeraygal people who are the Traditional Custodians of the land on which we work, play and compete.



We extend this respect to Elders past, present and emerging of the Eora Nation, and all First Nations Peoples.



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THANK YOU TO OUR SPONSORS

BING LEE

Better living, every day.



PCG | Pacific Consulting Group



OFFICIAL CHARITY PARTNER



OFFICIAL BALL PARTNER



There are lots of ways to be involved with Norths Basketball
For more details about sponsorship opportunities email veronica@nsba.com.au



#22

MEET EMMA

EMMA DONNELLY

WHAT IS YOUR FAVOURITE QUOTE?

You don't have to see the whole stair case, just take the first step.

WHO ARE YOUR ROLE MODELS?

Flames team mates like Tiana Mangakahia, Kiera Rowe and K-Frols.

DO YOU HAVE A NICKNAME?

Donners.

DO YOU HAVE A FAVOURITE PRE-GAME SONG OR ROUTINE?

I like to start my warmup with floaters and talk and get hype with my teammates.

WHAT IS YOUR FAVOURITE SHOE TO PLAY IN?

Anything that's pink.

FAVOURITE BASKETBALL MOVIE?

The original Space jam.

WHAT IS YOUR GO-TO MOVE?

Spin move.

HOW LONG HAVE YOU BEEN AT NORTHS?

This is my first year!

DO YOU HAVE A FAVOURITE BASKETBALL MOMENT?

Winning a gold medal at U20 nationals.

IF YOU COULD PLAY A GAME OF BASKETBALL WITH ANYONE IN THE WORLD, WHO WOULD IT BE?

Carla Pitman the goat!!



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1:30PM SUNDAY 18 JUNE



CENTRE OF EXCELLENCE NBL1 WOMEN

#	PLAYER NAME
5	Sienna Harvey
9	Opal Bird
10	Rubi Gray
11	Summah Hanson
14	Isla Juffermans
15	Sarah Portlock
16	Monique Bobongie
17	Jessica Petrie
19	Jayda Clark
-	Bonnie Deas
-	Ella Gordon
-	Savannah Metcalfe
-	Saffron Shiels

COACH David Herbert
ASSISTANT COACH Sarah Graham
ASSISTANT COACH Jenny Lonergan
MANAGER Christine Gates
MANAGER Yuze Rui
MANAGER Phong Nguyen

4PM SATURDAY 1 JULY



ALBURY WODONGA BANDITS NBL1 WOMEN

#	PLAYER NAME
1	Elizabeth Murphy
2	Emma Mahady
3	Molly Rice
4	Casey Ardern
6	Bridie White
8	Sarah Mellington
13	Ashlee Hannan
14	Brodie-Paige Theodore
18	Jade Crook
23	Bella Fielder

COACH Matthew Paps
ASSISTANT COACH Sam McDonald
ASSISTANT COACH Dino Casagrande



BING LEE

NORTHS BEARS NBL1 WOMEN

#	PLAYER NAME	POSITION	HEIGHT	D.O.B
3	Jolene Anderson	Guard	5'9	22/7/1986
4	Carla Pitman	Guard	5'11	19/1/2004
5	Emily Simons	Forward	5'10	17/8/1994
6	Kate Seebohm	Guard	5'6	17/10/1992
7	Holly Wills	Guard	5'11	25/10/2002
8	Jessica Bygate	Forward	6'0	10/1/1992
9	Maddie O'Hehir	Guard	5'10	19/9/1997
10	Lauryn Walker	Guard	5'10	22/5/2000
11	Geena Valos	Guard	5'9	15/10/1997
12	Caitlyn Martin	Guard	5'4	16/9/2005
13	Peggy Schell	Forward	6'1	20/11/2004
15	Sarah Schicher	Forward	6'2	3/11/1990
22	Emma Donnelly	Forward	6'1	20/2/2005
35	Aishani Mosquera	Forward	5'9	26/4/2000

COACH Renae Garlepp
ASSISTANT COACHES Rachel Higginson, Rachel Herrick, Tristan Black
MANAGER Nicole Bailey



 chicken treat

CROWS NEST NOW OPEN



COME SAY HEY, WE'RE SERVING UP
ALL YOUR CHICKEN TREAT FAYES!



94 WILLOUGHBY RD,
CROWS NEST, NSW, 2065



9 PIECE CRUNCHIFIED CHICKEN
& MONSTER CHIPS

 CRUNCHIFIED
CHICKEN

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#12

MEET MIKE

MIKE GOLDING

IF YOU COULD PLAY A GAME OF BASKETBALL WITH ANYONE IN THE WORLD, WHO WOULD IT BE?

Steph Curry.

WHAT IS YOUR FAVOURITE QUOTE?

You only get out what you put in.
Don't expect more until you do more.

WHO ARE YOUR ROLE MODELS?

Doug Golding.

DO YOU HAVE A NICKNAME?

Pickle or MG.

DO YOU HAVE A FAVOURITE PRE-GAME SONG OR ROUTINE?

I'll always have a cup of coffee before every game. Either a double shot espresso or a small strong latte depending on time of game.

FAVOURITE BASKETBALL MOVIE?

White Men Can't Jump.

WHAT IS YOUR GO-TO MOVE?

The In and out dribble into a Crossover.



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2023 RESULTS



NORTH SYDNEY INDOOR
SPORTS STADIUM



WEEK	OPPONENT	DATE	WOMEN SCORE	MEN SCORE
1	MANLY WARRINGAH SEA EAGLES	11/03/2023	L 55-70	W 87-71
2	BANKSTOWN BRUINS	18/03/2023	W 80-47	W 85-66
3	MAITLAND MUSTANGS	26/03/2023	W 73-50	W 93-79
4	CENTRE OF EXCELLENCE	1/04/2023	W 75-70	L 68-114
5	MANLY WARRINGAH SEA EAGLES	14/04/2023	L 70-73	W 78-55
6	PENRITH PANTHERS	15/04/2023	W 93-36	W 113-62
7	CENTRE OF EXCELLENCE	21/04/2023	BYE	W 83-77
8	HILLS HORNETS	22/04/2023	W 96-39	L 69-81

ROUND	OPPONENT	DATE	WOMEN SCORE	MEN SCORE
9	ILLAWARRA HAWKS	29/04/2023	W 114-56	W 101-75
10	CANBERRA NATIONALS	6/05/2023	W 80-50	-
10	CANBERRA GUNNERS	6/05/2023	-	W 97-93
11	HORNSBY KU RING GAI SPIDERS	13/05/2023	W 117-62	W 87-77
12	CENTRAL COAST CRUSADERS	20/05/2023	W 107-63	W 89-78
13	NEWCASTLE FALCONS	27/05/2023	W 76-69	L 62-73
14	HILLS HORNETS	3/06/2023	W 95-30	W 93-88
15	SUTHERLAND SHARKS	17/06/2023		
16	CENTRE OF EXCELLENCE	18/06/2023		BYE
17	CANBERRA NATIONALS	24/06/2023		-
17	CANBERRA GUNNERS	24/06/2023	-	
18	ALBURY WODONGA BANDITS	1/07/2023		
20	NEWCASTLE FALCONS	2/07/2023		
21	INNER WEST BULLS	7/07/2023		
22	PENRITH PANTHERS	15/07/2023		
23	INNER WEST BULLS	22/07/2023		
24	SYDNEY COMETS	23/07/2023		



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6PM SATURDAY 1 JULY



HILLS HORNETS NBL1 WOMEN

#	PLAYER NAME
0	Lochlainn Simpson
1	Jamir Coleman
2	Null Mayen Deng
3	Eric Miraflores
4	Michael Parks
6	Jacob Cincurak
8	Lochlan Cummings
9	Dylan Wilkie
10	Shaquille Maharaj
11	Jack Saunders
13	Samuel Hawkins
21	Thomas Crowe

COACH Haydn Kirkwood
ASSISTANT COACH Joshua McKay
ASSISTANT COACH Broady Mills
MANAGER Brad McNeil



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NORTHS BEARS NBL1 MEN

#	PLAYER NAME	POSITION	HEIGHT	D.O.B
0	Junior Madut	Shooting Guard	6'6	26/7/1997
1	Brennan Rymer	Point Guard	6'1	1/4/1998
3	Michael Yoong	Point Guard	5'9	20/4/2002
5	Nathaniel Koko	Shooting Guard	6'4	26/9/1996
7	Jock Jensen	Forward	6'4	29/5/1996
10	Eoin Fitzgerald	Point Guard	5'11	31/1/2003
11	Robbie Moore	Point Guard	6'0	20/4/2002
12	Michael Golding	Forward	6'4	10/1/1993
13	Lewis Holey	Forward	6'4	3/8/1994
14	Nathaniel Musters	Centre	6'10	24/6/1993
15	Joshua Pain	Shooting Guard	6'0	1/6/2002
31	Anatoly Bose	Forward	6'7	6/12/1988
50	Lucas Morgan	Shooting Guard	6'4	19/7/2004
62	Mackenzie Morgan	Shooting Guard	6'4	19/7/2004

COACH Angus Bourke
ASSISTANT COACHES Chris Stauber, Miles Bench
MANAGER Ivan Savic





SPALDING WARATAH SENIOR LEAGUE MEN

#	PLAYER NAME
4	Kody Finch
5	Oliver Kesby
8	Thomas Harrison
11	Solomon Harris
12	Gabriel Lopez
13	Benjamin Nogajski
14	Eoin Fitz-Gerald
19	Hunter Nicholls
23	Remy Davis Warrington
44	Matthew Pain
45	Tasman Goodrick
50	Lucas Morgan
52	Stefan Senicic
66	Mackenzie Morgan
81	Deonte Williams
-	Motheo Semausu

HEAD COACH Angus Henskens
ASSISTANT COACHES Shac Shorer, Zara Shipp

SPALDING WARATAH SENIOR LEAGUE WOMEN

#	PLAYER NAME
3	Amisyn Leigh
4	Carla Pitman
6	Madeleine D'Almeida
7	Holly Wills
9	Emma Donnelly
12	Caitlyn Martin
13	Peggy Schell
14	Ashley Hanna
20	Atara Peddijanto
25	Ruby Brannon
29	Annabelle Bowden
88	Erica Pitman

HEAD COACH Rachel Higgison
ASSISTANT COACHES Laurie Fleming, Lauryn Walker





2023 HOME GAME SCHEDULE



TICKETS ON SALE NOW!



GIVEAWAYS, FOOD, DRINKS & MERCHANDISE DURING GAMES

SAT JULY 1

VS ALBURY WODONGA BANDITS



4PM WOMEN

6PM MEN

FRI JULY 7

FIRST NATIONS ROUND

VS INNER WEST BULLS



6PM MEN

8PM WOMEN

SUN JULY 23

VS SYDNEY COMETS



11:30AM WOMEN

1:30PM MEN

ALL HOME GAMES AT NORTH SYDNEY INDOOR SPORTS CENTRE

CIAO CIAO



WOOD FIRED PIZZA

Shop 8, 7-11 Clarke Steet CROWS NEST
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On game days, use the discount code "Norths10" for a 10% discount on your order. Select the PICK UP option and your pizza is delivered to the stadium.

