

Northern Suburbs Basketball Association



Northern Suburbs Basketball Association Inc.
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Bear Essentials

Bear Essentials is designed to equip beginner basketballers with the necessary skills required for them to confidently take to the court in a game scenario. Bear Essentials caters for children enrolled in Kindergarten through to those in high school.

Class size is strictly limited to just 13 participants with 1 NSBA coach per class.

Classes commence on Monday 19th July and run until Thursday 23rd September.

Bear Essentials Schedule

K - 1: 4pm – 4:45pm OR 4:45pm – 5:30pm
2 - 3: 4pm – 4:45pm OR 4:45pm – 5:30pm
4, 5 & 6: 4pm – 4:45pm OR 4:45pm – 5:30pm
7 - 10: 4:45pm – 5:30pm only.

Cost: \$90 per child per term per session

Active Bears

Active Bears class combines elements from Little Bears League and Bear Essentials giving your child the opportunity to develop a new skill each week. This skill will then be implemented into a game situation at the end of the session to help with the retaining of information.

This programme starts on Tuesday 18th July with the last session held on Wednesday 22nd September.

Classes begin at 4:15pm and conclude at 5:15pm.

Active Bears Class Schedules:

Tuesday: Years 1 & 2, Years 3 & 4

Wednesday: Years 1 & 2, Years 3 & 4

Cost: \$120 per child per term per session

Little Bears League

Little Bears League is the second step on your child's basketball development journey. Featuring modified rules emphasising team work and fun, LBL is the perfect way to introduce your child to a game scenario.

Each team entered into LBL receives on court coaching from the referee along with an emphasis placed on the core fundamentals of the game.

All you need to do is get some friends together, form a team and contact NSBA for a nomination form and you are on your way to playing!

Game times are 4pm OR 4.45pm commencing on Monday 19th July running until Thursday 23rd September.

Training sessions are available for all players to attend either before their scheduled match. Players will be able to choose from two sessions with the first one beginning at 3:40pm—4pm or the second session running from 4:15pm—4:35pm.

Little Bears League Class Schedule:

Monday - Years 1 & 2

Tuesday - Years 3 & 4

Wednesday - Years 1 & 2

Thursday - Years 3 & 4

Cost:

Returning Player - 140 per child per term (includes training and game fees)

New Player - \$165 per child per term (includes training and game fees and uniform)

TERM THREE DEVELOPMENT SCHEDULE

	Monday	Tuesday	Wednesday	Thursday
Bear Essentials	K—High School			
Little Bears League	Years 1 & 2	Years 3 & 4	Years 1 & 2	Years 3 & 4
Active Bears		Years 1 & 2, Years 3 & 4	Years 1 & 2, Years 3 & 4	

Holiday Camps

Winter Hoops Camp

At each Hoops camp we make learning fun by placing an emphasis on having fun.

This camp is the perfect way to introduce your child to the exciting game of basketball and is a perfect opportunity to make new friends!

When:

Thursday 8th - Friday 9th July 9:30am - 3:30pm

Monday 12th - Tuesday 13th July 9:30am - 3:30pm

Thursday 15th - Friday 16th July 9:30am - 3:30pm

Price: \$100

Intensive Skills Camp

Not for the faint of heart this camp is guaranteed to be intense as attendees are put through their paces in a basketball boot camp guaranteed to get your game into shape.

This camp will feature the "Noah Select Shooting System!"

When: Wednesday 14th July - 9:30am - 3:30pm

Price: \$50

Elite Athlete Camp

This camp is open to all players who have playing experience at A or B school grade competition level, division one local competition as well as junior representative players past and present.

This camp will feature the "Noah Select Shooting System!"

When: Monday 5th - Wednesday 7th July - 9:30am - 3:30pm

Price: \$150